



# Hail, Mary!

Carol Galioto, Regent — Altoona, Pennsylvania  
Pattie Fromknecht, Newsletter Editor/Publisher  
Contact us with your court yearbook or at [cda2625.com/contact/](http://cda2625.com/contact/)  
Local: [cda2625.com](http://cda2625.com) | State: [cdapa.com](http://cdapa.com)  
National: [catholicdaughters.org](http://catholicdaughters.org)

## Regent's Thoughts

Dear Court Members,

On the Feast of the Assumption of Blessed Mary, I reflected on a picture of our Blessed Mother being lifted into heaven on a blue mantle held by angels-softly, lovingly and headed to her son's waiting arms. With closed eyes, a warm breeze touched my face. I felt surrounded by love and peace. She knew I needed that. I didn't want to leave. My life as been anything but peaceful lately and I've struggled with trying to control situations, even though I can't. Can you relate?

After leaving my "special place" and returning home, I opened my Bible and this was the verse I saw first. "I will lead the blind on their journey; by paths unknown I will guide them. I will turn darkness into light before them and make crooked ways straight. These things I do for them and I will not forsake them" \_Isaiah 43:16 WOW!

Letting God be our pilot, Jesus our navigator and Mary our guide isn't always easy. Those unknown paths and darkness are scary; but our willingness will make our journey through life the true course God has planned for all of us. So as we continue this year of uncertainties, trials and hardships, let's keep each other in our prayers and pray for the day when we can all be together again-enjoying each other's company. Take care.

*Carol*

## Annual World Day of Prayer for the Care of Creation

By Pattie, Quality of Life Chair

In 2015 Pope Francis set **September 1st** as an annual *World Day of Prayer for the Care of Creation*. The *Season of Creation* is celebrated by Christians around the world, from **September 1 through October 4**. "Pope Francis is calling on all 'to take bold steps in order to safeguard our common home, pray and act for building a community of solidarity and love.'"<sup>1</sup>

Read more here: <sup>1</sup><https://www.vaticannews.va/en/pope/news/2020-08/caritas-internationalis-world-day-prayer-care-creation-statement.html> and also visit the follow websites ...

[https://www.vatican.va/content/francesco/en/letters/2015/documents/papa-francesco\\_20150806\\_lettera-giornata-cura-creato.html](https://www.vatican.va/content/francesco/en/letters/2015/documents/papa-francesco_20150806_lettera-giornata-cura-creato.html)

<https://www.usccb.org/issues-and-action/human-life-and-dignity/environment/index.cfm>

## Our Purpose and Mission

The purpose of the organization is to participate in the religious, charitable, and educational Apostolates of the Church. Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

## Archbishop Fulton J. Sheen's Books and Catholic Television series, *Life is Worth Living!* and *The Fulton Sheen Program*

By Pattie, Quality of Life Chair (Continued on page 6)

Ever wonder where you could watch past episodes, read a collection of quotes, or read about how to find true happiness? Do you want to learn about the series which won two Emmys? Check out these resources:

<https://www.bishopsheen.com/>    <https://www.sheencenter.org/>

<https://www.ignatius.com/Archbishop-Fulton-Sheen-Servant-of-All-P2274.aspx>

<https://www.dynamiccatholic.com/search?q=fulton+sheen&lang=default>

<https://www.ignatius.com/Treasure-in-Clay-P2397.aspx>

Several of us gathered at different times and in different homes, and then all together to watch “Archbishop Fulton Sheen: Servant of All”, followed by five of his episodes from his television series, “Life is Worth Living!” The three and a half hours time spent was well worth it! We were brought back in time, to a time when the now Venerable Sheen had us nodding in agreement or laughing with the rest, during various topics of interest. Fulton Sheen had such an uncanny way of making sense out of nonsense and making something which felt beyond our grasp, right within it. An awesome archbishop and believer in all things, made by God. I trust you won’t go wrong by spending some time in front of the television or with one of the many books written by or for, the Venerable Fulton J. Sheen.

“As a custom which started in kindergarten, I always wrote ‘JMJ’ at the top of the blackboard, as I do on every piece of paper before I write — and which I hope will someday be on my tombstone. In answer to many letters, the public finally recognized me and the words Jesus, Mary, and Joseph.” — From “Treasure in Clay: The Autobiography of Fulton J. Sheen” <https://thecatholicpost.com/2019/08/14/the-jmj-on-the-blackboard/>

## National Shrine—Biblical Figures Series

By Pattie

Nice reads ... this month it was *The God of Second Chances: The Story of Cain and Abel*

<https://www.nationalshrine.org/blog/biblical-figures/>

## Another Worthwhile Program

By Pattie, Quality of Life Chair

Interested in learning about another speaker of all things Catholic? Check out Bishop Robert Barron of the Archdiocese of Los Angeles, California.

[Word on Fire](https://www.wordonfire.org/bishop-robert-barron/)

<https://www.wordonfire.org/bishop-robert-barron/>

<https://www.wordonfire.org/rosary/>

## Spirituality and Service

By Pattie, Quality of Life Chair

**Join us for the 13th Annual Global Rosary Relay for the Sanctification of Priests on Friday, June 24, 2022**

at Saint John the Evangelist, 344 Baynton Avenue, Altoona, Pennsylvania, 16602. A quiet, prayerful gathering begins at 5:15 PM. The rosary begins at 5:45 PM. Visit our website for more details at:

<https://cdapa.com/2625/index.html#agrr>

# Here, there ...

By Pattie

**Diocese of Altoona-Johnstown** <https://www.dioceseaj.org/>

**Cathedral of the Blessed Sacrament** <http://altoonacathedral.org/>

**Holy Rosary** see their bulletin

**Our Lady of Fatima** <http://www.ourladyoffatimaaltoona.org/>

**Our Lady of Lourdes** <http://www.ourladyoflourdesaltoona.com/>

**Our Lady of Lourdes** *Holiday Boutique* has been announced for Saturday, November 6, 2021!

**Our Lady of Mount Carmel** <http://www.mountcarmelaltoona.com/>

**Our Lady of Mount Carmel** will have cookies at Italian Days at DelGrosso Park on September 19, 2021.

**Sacred Heart** <http://www.sacredheartaltoona.org/>

**Saint John the Evangelist** <https://stjohnsaltoona.org/>

**Saint Mark** <http://www.churchofsaintmarks.org/>

**Saint Mary (Immaculate Conception)** <https://stmaryschurchaltoona.wixsite.com/saintmarys>

**Saint Rose of Lima** <http://www.stroselima.com/>

**Saint Therese of the Child Jesus** see their bulletin

**Altoona-Johnstown Diocese** sign up to get updates via Flocknote visit: <https://dioceseaj.flocknote.com/>

**Our Lady of Mount Carmel Church and Chapel / Saint John the Evangelist / Saint Rose of Lima** Are offering a spiritual bouquet to Saint Joseph, during the *Year of Saint Joseph*. Please take one of the tri-fold pamphlets, compliments of Altoona Catholic Daughters (our court, Prince Gallitzin #2625!), at the entrances of the church/chapel. A few prayers and resources are within the pamphlet, along with an area to mark your personal pledge for private and/or public prayer and the intentions for which you plan to pray for. Prayerfully contemplate your selections before making them and then keep one copy for yourself and return the other to the parish in the collection basket or by mail. This is all anonymous, please do not include any personal information.

## Basilica of Saint Michael Chaplet of Divine Mercy and the Rosary

*Fridays at the Basilica of Saint Michael, Loretto at 3:00 PM. Please join us as we gather to pray the Chaplet of Divine Mercy and the Rosary for our country, world, and religious freedom.*

## 40th Anniversary Birth of Mary Celebration

Submitted by Pattie

**Wednesday, September 8th at**

**St. Catherine of Siena Church, Old Rt. 22, Duncansville, Pennsylvania**

7:15 AM Rosary in the church.

7:45 AM Mass in the church.

11:30 AM outdoor Rosary at the shrine.

12:00 Noon Mass outdoor at the shrine (please bring your own chair).

5:30 PM Mass at the shrine with rosary procession (bring your own chair).

In the event of inclement weather, the outdoor Masses/Rosaries will be celebrated in the church.

There will be no continuous rosary; no food; and no exhibits.

Address petitions to: Birth of Mary Celebration, P.O. Box 88, Duncansville, PA 16635

Donations are welcome.

# Catholic Daughters of the Americas® National & State News!

*"Let all you do be done with love."* 1 Cor. 16:14 (ESV)

By Pattie

Taken from email updates, national and state websites, quarterly publications, and *The Angelus*

**59th National Convention Puerto Rico July 20-24, 2022** Hope to see you there!

**Five Minute Prayers** Do you recall when our court hosted a conversation with God, while praying the *Our Father*? Rev. Grimme, our court chaplain, played the part of God and I played the part of the person praying the *Our Father*. My son, Joe, had played the role of the person praying the *Our Father*, many years earlier, when he was in eighth grade, which is how I knew of it. Today, national offers this prayer format, on their website, along with a few others: <https://catholicdaughters.org/five-minute-prayers>

**Looking for a Retreat to Attend this Fall?** Catholic Daughters may have just what you're looking for! Information can be found here: <https://catholicdaughters.org/fall-retreats>

**2022 Education Contest Themes** *With God all things are possible.* Mt. 19:26 or *Where is God in my life when I am struggling?* See page 11 <https://cdapa.com/newsletters/archives/041-fall-2021.pdf>

**Updated District Deputy and State Chairs** The 2021-2023 district deputies and state chairs have been updated and are on the state's website: <https://cdapa.com/index.html#contacts> Welcome to our new district deputy, Susan Ronan!



## Happy Labor Day!

### *All Purpose and Holiday Greeting Cards*

By Pattie

Quality of Life Chair

Please bring any greeting cards you have, new or used, when we meet — at a court meeting or otherwise. There is also a blue tote on Pattie's side porch for you to place your greeting cards in (please have them bagged, so they don't blow away, get wet, or ruined when the lid is raised or anything else is put into the tote). The blue tote is marked, CDA. Cards and/or envelopes are welcome!

### Fundraiser Events—Contacts

By Pattie, Fundraising Chair

Our fundraising plans for 2021 are on the move! **Our next meeting is scheduled for Wednesday, September 16, 2021 at 10:00 AM.** RSVP to Pattie if you're able to join us! See below for our current fundraisers. Please, if you have a fundraising suggestion and/or would like to be on this committee, contact Pattie.

#### Current Fundraisers

- ♥ AmazonSmile —Ongoing program—Contact: Pattie. See link below: <https://smile.amazon.com/ch/35-2368454>.
- ♥ 50/50 held during court meetings—Contact: Mary K.
- ♥ Boscov's Friends Helping Friends—Contact: Pattie—Wednesday, October 20, 2021—8:00 AM until 11:00PM—In store only!
- ♥ Afghan Raffle—Contact Donna—November 1–30, 2021—Drawing on Sunday, December 12, 2021—at Saint John the Evangelist, after 11:00 AM Mass.
- ♥ Electronic Sales—Contact Pattie—November 1-30, 2021.

## Inclusion Revolution!

I pledge to look for the lonely, the isolated, the left out, the challenged and the bullied. I pledge to overcome the fear of difference and replace it with the power of inclusion.

[I#chooseToInclude](#)

## Newsletter Articles Wanted!

Please, submit articles to Pattie,

by Monday, November 15, 2021!

Contact information is on the first page.

*“Whenever you face a decision, you first can ask yourself a very dangerous question: ‘If I choose this, am I seeking to please the Lord, or am I seeking to satisfy myself?’”*

Fr. Mike Schmitz *How to Make Great Decisions*

## *Bishop Mark has been appointed to the Vatican Tribunal*

<https://www.altoonamirror.com/news/local-news/2021/06/bartchak-appointed-to-vatican-tribunal/>

## *Quality of Life*

By Pattie, Quality of Life Chair

Interested in joining the committee? Contact Pattie.

**For an overview of *Quality of Life* from the 2021 State and Territorial Officers Conference in Arizona visit:**

<https://catholicdaughters.org/documents/2021/7/Quality%20of%20Life.pdf>

**For those in need ...** We are now collecting warm **socks for adults and children**; all sizes welcome. The collection will run from now through April, when we will once again begin collecting summer footwear (flip-flops, sandals, shoes).

There is an ongoing need in our community for **food, shelter, clothing**, ... . Please, make donations to our local parishes, food banks, Catholic Charities, Saint Vincent DePaul Societies, the Humane Society, and the alike. The need never seems to diminish for non-perishable food items, home and personal cleaning supplies, and pet supplies. Please, do what you can and if you're not able to shop for and deliver items to the aforementioned, you can always send a monetary contribution. **Some** of the location addresses are below; feel free to take items and/or make a monetary contribution to any organization of your choosing!

- ♥ **Altoona Food Bank** 2100 6th Ave, Altoona, PA 16602
- ♥ **Altoona Humane Society** 1837 E Pleasant Valley Blvd, Altoona, PA 16602
- ♥ **Blair Senior Services Food Vouchers** 1320 Twelfth Avenue, Altoona, PA, 16601
- ♥ **Catholic Charities** 1300 12th Ave, Altoona, PA 16601
- ♥ **Family Services Incorporated** 2022 Broad Avenue, Altoona, PA 16601
- ♥ **Food for Families Food Bank** 2201 Union Ave, Altoona, PA 16601
- ♥ **Local Parishes** addresses can be found in your court yearbook under the “Churches” tab.
- ♥ **Nehemiah Project - The Father's House** 1520 Eleventh Street, Altoona, Pennsylvania 16601
- ♥ **R.K. Agarwal M.D. & Family Teen Center & Shelter** 1701 6th Avenue, Altoona, PA 16602
- ♥ **Saint Vincent DePaul Food Pantry** 1523 Adams Ave, Altoona, PA 16602 OR through your home parish.
- ♥ **Salvation Army and the Altoona Service Center Food Bank** 1813 Sixth Avenue, Altoona, Pennsylvania, 16602

# Some Calendar Worthy Dates!

**2021**

## Marian Mass Days!

By Pattie, Quality of Life Chair

See the full list on our website, [cda2625.com](http://cda2625.com).

- ♥ **Sunday, September 12, 2021, 11:00 AM** At Holy Rosary for the Feast of the Holy Name of Mary.
- ♥ **Saturday, October 2, 2021, 4:00 PM** At Our Lady of Mount Carmel, 27th Sunday of Ordinary Time; our court will celebrate, in anticipation of October 8th, the Feast of Our Lady of Good Remedy.
- ♥ **Sunday, November 21, 2021, 10:30 AM** At Our Lady of Fatima for the Presentation of the Blessed Virgin Mary.
- ♥ **Sunday, December 12, 2021, 11:00 AM** At Saint John the Evangelist for Our Lady of Guadalupe.

## 2021 Court Meetings!

Second Monday of the month beginning at 7:00 PM. Come a little early and get settled in before the meeting!

January—No Meeting

February—No Meeting

March 8

April 12

May 10—Rosary at 6:15 PM

June 14

July 12

August 9

September 13

October 11—Rosary at 6:15 PM

November 8

December TBD—Meeting / Christmas Party

### Meeting Location

Saint Rose of Lima  
Social Hall

5514 Sixth Avenue  
Altoona, PA 16602

Enter through the double  
doors between the  
school and Maria Parish  
Center, off of 56th  
Street.

## A Prayer While Waiting on God

Submitted by Carol

cultivating faith to weather life's storms by Rachel Wojo

<https://rachelwojo.com/a-prayer-while-waiting-on-god/>

## A Place to Belong—Letters from Catholic Women

Submitted by Pattie, Quality of Life Chair

<https://www.nationalshrineshops.com/a-place-to-belong-0402-08707>

## Fulton Sheen ... *The Wisdom of Fulton Sheen*

Submitted by Pattie, Quality of Life Chair (Continued from page 2)

“Charity is to be measured, not by what one has given away, but by what one has left.”

“It is God’s love that makes us love both self and neighbor rightly.”

“Mercy is a compassionate understanding of another’s unhappiness.”

“Love itself starts with the desire for something good.”

“The closer we live to God, the closer we are bound to our neighbor.”

“You are infinitely precious because you are loved by God.”

# Journey of a Motion!

By Patricia Gildea, State Parliamentarian

As seen on page 13 of the Fall 2018-2 Pennsylvania State Newsletter

<https://cdapa.com/newsletters/archives/029-fall-2018-2.pdf>

Submitted by Pattie and used with Pat's ongoing permission.

A proposal or issue to come to the court assembly is done by the "motion" process. "I move to" or "I move that" the court do... Needs a second, so that more than one member is in favor of getting it on the floor for discussion. Discussion follows: Member stands and says I speak in favor of (or against) this motion for this reason... What is Next? Regent asks, "is there any further discussion?"

Subsidiary motion could be made: ...To "postpone indefinitely" ...To "amend" ...To add something, strike out something, or strike out some words and add new words ...To "refer to a committee" for further investigation ...To "postpone to a definite time"

- ♥ If a subsidiary motion comes forth, it needs a second, discussion, and a vote taken.
- ♥ Whatever action results, will be applied to the main motion.
- ♥ If no subsidiary motion is made, regent asks if there is any further discussion.
- ♥ If none, a vote is taken: "All those in favor, say, "Aye," all those opposed, say "No."
- ♥ Result of vote is announced by regent; Ayes have it (or Nos have it).
- ♥ The motion is adopted (or lost).
- ♥ If in doubt about a vote, take a show of hands, or a standing vote. The chair could be challenged, if there is a doubt.



## Rules of Order.

So what is to be done, brothers? When you assemble, one has a psalm, another an instruction, a revelation, a tongue, or an interpretation. Everything should be done for building up.

1 Corinthians 14:26

## Prayer for Labor Day

Submitted by Pattie, Quality of Life Chair

<https://www.usccb.org/prayers/dignity-work-and-rights-workers>

Lord God, Master of the Vineyard,  
How wonderful that you have invited us  
who labor by the sweat of our brow  
to be workers in the vineyard  
and assist your work  
to shape the world around us.

As we seek to respond to this call,  
make us attentive to those who seek work  
but cannot find it.

Help us listen to the struggles of those  
who work hard to provide for their families  
but still have trouble making ends meet.

Open our eyes to the struggles of those exploited  
and help us speak for just wages and safe conditions,  
the freedom to organize, and time for renewal.

For work was made for humankind  
and not humankind for work.

Let it not be a vehicle for exploitation  
but a radiant expression of our human dignity.

Give all who labor listening hearts  
that we may pause from our work  
to receive your gift of rest.

Fill us with your Holy Spirit  
that you might work through us to let your justice reign.  
Amen.

## Trust Him

Submitted by Mary Grace

Visit Catholic Tradition to read the prayer, Trust Him <http://www.catholictradition.org/Christ/trust-him.htm> or Hymnary [https://hymnary.org/text/trust\\_him\\_when\\_thy\\_wants\\_are\\_many](https://hymnary.org/text/trust_him_when_thy_wants_are_many)

## United States Catholic Conference of Bishops ...

By Karen C., Legislation Chair

... website provides convenient access to legislators.

If you are concerned about prolife issues and other topics of interest to Catholics, the United States Catholic Conference of Bishops website provides a convenient way to get information and contact your legislators. Recent topics include pro-abortion appropriations in Congress and the *Born-alive Abortion Survivors Protection Act*.

The website has links to allow you to contact public officials, to express your opinions, and you can also sign up for action alerts.

<https://www.usccb.org/>

## Catholic Daughters of the Americas — Operation Morning Star

<https://catholicdaughters.org/operation-morning-star>

### Quality of Life Projects

By Pattie, Quality of Life Chair

New members are always welcome! Contact Pattie if you're interested in being on the committee!

**Late summer, fall ...**

**Our next gathering to sign cards is scheduled for Wednesday, September 16, 2021 at 12:00 Noon. RSVP to Pattie.**

**Christmas cards for our parish shut-ins and our military!** If you have a family member or friend whom you would like a Christmas card sent to and/or small gift delivered from our court, please get Pattie their name and address. Please bring your extra Christmas cards to our court meetings or drop them off at Pattie's. See the article on *All Purpose and Holiday Greeting Cards*, on page four (4), for more info. If you would like to help sign cards or make small gifts, please contact Pattie.

If you're interested in making **luminaries, cards, or small Christmas gifts for local parishes and/or their shut-ins** during the holiday seasons and ordinary times, please contact Pattie; contact information is on the first page.

## Celebrating 110 Years and Counting!

By Pattie

Save the Date — October 23, 2021, when we will be celebrating the 110th anniversary of our state court at Court Columbia #2, in Meadville, Pennsylvania. An invitation and reservation form are linked below. They include information about the date, time, location for Mass and the reception, hotel reservations, meal reservations, and so on.

Invitation: <https://cdapa.com/pdf/invitation.pdf>

Reservation Form: <https://cdapa.com/pdf/reservation.pdf>

# All Together Now ... In Unity and Charity!

By Pattie

Expect changes in future newsletters as additions/deletions will be made as they become known!

- ♥ Wednesday, September 1, Annual World Day of Prayer for the Care of Creation.
- ♥ Monday, September 6, Labor Day.
- ♥ Wednesday, September 8, Birth of Mary Celebration, Saint Catherine of Sienna (See page 3 for additional information).
- ♥ Saturday, September 11, 20th Anniversary of 9/11/01 Mass.
- ♥ Saturday, September 11, AJDC Meeting.
- ♥ Sunday, September 12, 11:00 AM, Mass at Holy Rosary—Our Lady of Sorrows.
- ♥ Monday, September 13, Court Meeting.
- ♥ Wednesday, September 16, Fundraising & Sign Cards.
- ♥ Wednesday, September 29, Feast of the Archangels.
- ♥ October, Financial Review.
- ♥ Saturday, October 2, 4:00 PM, Mass at Our Lady of Mount Carmel—in anticipation of October 8th, the Feast of Our Lady of Good Remedy.
- ♥ Monday, October 11, Court Meeting; Columbus Day.
- ♥ Sunday, October 17, CDA Sunday.
- ♥ Wednesday, October 20, Boscov's Friends Helping Friends.

- ♥ Saturday, October 23, Make a Difference Day.
- ♥ Saturday, October 23, 110th State Court Anniversary Celebration.
- ♥ Sunday, October 31, Halloween.
- ♥ Monday, November 1, All Saints Day.
- ♥ Tuesday, November 2, Election Day.
- ♥ Monday, November 8, Court Meeting.
- ♥ Thursday, November 11, Veterans Day.
- ♥ Monday, November 15, Newsletter Articles Due.
- ♥ Sunday, November 21, 10:30 AM, Mass at Our Lady of Fatima—The Presentation of the Blessed Virgin Mary.
- ♥ Thursday, November 25, Thanksgiving.
- ♥ December, Date/Time TBA, Christmas Meeting/Party.
- ♥ Sunday, December 12, 11:00 AM, Mass at Saint John the Evangelist—Our Lady of Guadalupe and Afghan Raffle Drawing Following Mass.
- ♥ Friday, December 24, Christmas Eve.
- ♥ Saturday, December 25, Christmas Day.
- ♥ Friday, June 24, 2022, Annual Global Rosary Relay.
- ♥ Wednesday–Sunday, July 20–24, 2022, 59th Biennial National Convention, Puerto Rico.

## Remembering September 11, 2001

Submitted by Pattie, Quality of Life Chair

As announced in Proclaim! E-News—August 25, 2021

The Cathedral of the Blessed Sacrament in Altoona will be the site of a special Mass commemorating the 20th anniversary of the September 11, 2001, terror attacks. The Mass will be on Saturday, September 11th at 10:00 AM with Bishop Mark as celebrant and homilist. All are invited—especially local first responders, medical professionals, and public servants. Reception follows afterward.

## Saint Padre Pio Relics Coming to Windber

Submitted by Pattie, Quality of Life Chair

As announced in Proclaim! E-News—August 25, 2021

The Windber Catholic parishes invite you to venerate three *Relics of Saint Padre Pio* (his blood, hair and scab from his wound). The relics will be at Saint Anthony of Padua Parish in Windber on September 14th from 9:00 AM to 8:00 PM. The parish will celebrate a Novena Mass in honor of Saint Anthony of Padua and Saint Padre Pio at 12:00 Noon. A Mass in honor of Saint Padre Pio will be celebrated at 6:00 PM. The church will be open the entire day for veneration. The Sacrament of Reconciliation will be celebrated from 9:00 to 11:30 AM and from 1:00 to 5:30 PM.